

#### BREAKFAST

## The Welsh Breakfast

Lava Bread, Sautéed Cockles, Fried Bread, Thick Bacon Rashers  $\pounds \delta.00$ 

#### The Estate Breakfast

Handmade Local Welsh Pork Sausage, Thick Welsh Bacon Rashers, Black Pudding, Baked Beans, Grilled Vine Tomato, Sautéed Field Mushrooms, 'Eggs Your Way' £9.50

## The Fish Breakfast

Oak Smoked Salmon & Scrambled Eggs  $\pounds \delta$ 

# <u>Vegetarian Breakfast (V)</u>

Fine Glamorgan Sausage, Grilled Vine Tomatoes, Sautéed Potatoes, Baked Beans, Field Mushrooms, 'Eggs your way' £8.50

#### Kickstart Breakfast

Smashed Avocado & Poached egg on Toast  $\pounds\, \emptyset$ 

# The Morning Warmer

Rich Porridge Oats, (V) £3